Dear President Biden,

I am sure that you as a private person are against bullying, that you intervene when a big guy bullies a small guy. On CNN I saw the press conference when you announced that a cease fire in Lebanon was in sight. You were relaxed, smiling. I thought: President Biden is happy to contribute to something humane.

In Stockholm Sweden, four Saturdays in a row, we have been standing in front of the U.S. Embassy urging you, the President of the United States, TO DO THE RIGHT AND HUMANE THING: LIFT THE SANCTIONS ON CUBA!

The Republic of Cuba, with 11 million inhabitants is the small guy, United States, the world's number one economic and military power, is the big guy, the bully, who since more than 62 years torments Cubans in uncountable ways.

Military invasion, various creative attempts to kill the country's former president, millions of dollars spent on Cuban individuals and groups to complain about Cuba under the wings of the American eagle, *fake news* published year after year by the Western media Following the Leader.

But the strongest and most cynical tool is the inhuman Embargo/ Blockade in force since more than 62 years.

Let me quote a then classified memorandum of April 6, 1960, by Lester Mallory, Deputy Assistant Secretary of State. The memorandum states verbatim that the U.S. motive for the embargo is "to cause the Cuban people to turn against their government by causing starvation and hardship, thus replacing it with a government that better serves U.S. interests."

Despite starvation and hardship caused by the blockade the Cubans have not turned against the Cuban government. Why? The answer is simple: The Cubans have a long history of fights for independence.

Donald Trump once said, when he didn't need Miami votes, that dollars spent to make Cubans turn against their government, was money lost. As president, Trump used a stick, not carrots to break Cuba. Trump's upcoming presidency does not look good for the Cubans.

UN General Assembly annually votes pro or against the Blockade. Only the U.S., Israel and maybe some small country want the blockade to remain. The European Union has voted against the blockade. Countries, companies, banks are punished by the U.S. if trading with Cuba. They are also bullied.

Cuban doctors are the first on the scene to help in disaster areas all over the world. Give Cuba credit instead of designating the country as "*a state sponsor of terrorism*".

President Biden! PLEASE! Do the right and humane thing:

-Remove Cuba from the US list of State Sponsors of Terrorism, OSST

-Cancel Trump's 243 measures against Cuba

-Propose Congress to lift the blockade

Greetings from Stockholm, SWEDEN

Kristina Hillgren, Psychologist & Maria Sandblad, Freelance Journalist Build Bridges to Cuba of Friendship and Respect